

是以聖人去甚去奢去泰

therefore

sage

man

avoids

extremes

avoids

excess

avoids

complacency

或強或羸或挫或墮

some

strong

some

weak

some

up

some

down

故物或行或隨或歛或吹

therefore

things

some

go / lead

some

follow

some

hard

some

easy

Laotse: TAO TE CHING, 6th Century B.C.